

## **Box 5.**

### **Questions to stimulate reflection**

#### ***Means***

- Which strategies did you consider? Why did you select this strategy? Which are the advantages and disadvantages of the strategy you used?
- Which part of your strategy was effective and which part was not effective? Why was it effective / not effective?
- Would this strategy have been more /less effective in a different situation?

#### ***Goals, assumptions, outcomes***

- What did you want to achieve? Were you successful? What do you consider successful?
- Why is this particular goal important?/Why did you pursue this goal?

#### ***Critical reflection***

- Do you think patients / patients' families / medical colleagues / nurses / administrators are satisfied with these outcomes? What are their primary interests?

#### ***Confront with discrepancies***

- I read in your portfolio that you are happy with the result, but when we talk about it, your face tells a different story.
- You write here that this is what you want to achieve, but you are pleased with your results even though they do not match your goals.
- You do not actually do what you say you want to do.

#### ***Generalize across experiences***

- Which differences and similarities do you recognise between what is happening now and what happened in situations that you described in your portfolio?
- When do these things happen?
- Do you recognise a pattern?